



Rally Tips

Getting ready for a rally and need help coming up with ideas for signs? You can use the list below or make your own. Remember to put something on both sides!

Sign Ideas

Patients Before (or "B4") Profits
United We Stand for Health Care Reform
Pass Health Care Reform Yesterday!
Health Care: Git-R-Done
Patriots for Healthy Americans
Vote Yes H.R. 3200
NO is not an option
A Healthy America = A Strong America
Public Insurance Option NOW!
Remember Teddy - Vote Yes on Health Care Reform!
2 out 3 Americans Want A Public Option
Health Care is Bankrupting America, We Need Reform Now!

Chants

What is a rally without some good chants? Try coming up with your own! If you've got any particularly good ones, share them with other health care activists by sending them in to healthcare@ufcw.org.

1.
Politicians, hear our voice!
You work for us and we want choice.
Public option is the plan.
Can we do it? Yes we can!

2.
Big insurance
is a lie!
They don't care
if people die

3..
Why are we here? Real reform!

When do we want it? Now!

4.

Hey hey, ho ho!
Insurance greed has got to go
Hey hey, ho ho!
Support our health, not CEOs.

5.

Tell me what you want, what you really want.... Health care!
Tell me what you need, what you really need.... Health Care! (2x)
How we gonna get it? PEOPLE POWER! (4x)

Songs

The Health Care Song

(to the tune of "We Will Rock You")

Come Senator's and Congressman in this land
It's time you listen to the voter's demands.
Hear our voice, people want choice.
We've come here today to make lots of noise.

Chorus:

We want, We want, Health Care!
We want, We want, Health Care!

Insurance company bosses say they want their way
While everyone is ready for a brand new day.
Don't be afraid, the future's being made.
Let's stick together and we all can save.

Chorus:

We want, We want, Health Care!
We want, We want, Health Care!

Now is the time we can do it right
Even with Republican's words of fright
It's in our hands, it's everybody's plan
It covers all the people in this great land.

Solidarity Forever

When the union's inspiration through the workers' blood shall run,
There can be no power greater anywhere beneath the sun;
Yet what force on earth is weaker than the feeble strength of one,
But the union makes us strong.

CHORUS:

Solidarity forever,
Solidarity forever,
Solidarity forever,
For the union makes us strong.

Through our sisters and our brothers, we can make our union strong,
For respect and equal value we have done without too long,
We no longer have to tolerate injustices and wrongs,
For the union makes us strong.

(Chorus)

When racism in all of us is finally out and gone,
Then the union movement will be twice as powerful and strong,
for equality for everyone will move the cause along,
for the union makes us strong.

(Chorus)

They say our day is over; they say our time is through,
They say you need no union if your collar isn't blue,
Well that is just another lie the boss is telling you,
For the Union makes us strong!

(Chorus)

They divide us by our color; they divide us by our tongue,
They divide us men and women,; they divide us old and young,
But they'll tremble at our voices, when they hear these verses sung,
For the Union makes us strong!

